F.No.1-22/Advisory/CDC/2026
Centers for Disease Control
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20th November 2026

Subject: **ISSUANCE OF ADVISORIES: (a) FOR THE PREVENTION AND CONTROL OF SEASONAL INFLUENZA (2026–2027), (b) HEALTH HAZARDS OF SMOG AND THE PRECAUTIONARY MEASURES TO BE OBSERVED AND (c) PREVENTION AND CONTROL OF VACCINE-PREVENTABLE DISEASES**

With the onset of the winter season and shifting epidemiological trends across Pakistan, the population faces heightened public health risks from seasonal respiratory illnesses, degraded ambient air quality and ongoing transmission of vaccine-preventable diseases. Concurrently, recurring winter smog driven by low temperatures, diminished wind movement and vehicular, industrial and agricultural emissions poses severe respiratory and cardiovascular risks, while gaps in routine immunization coverage, population mobility and delayed case detection continue to sustain the threat of vaccine-preventable diseases such as measles, diphtheria, pertussis and tetanus.

2. In view of the foregoing and to ensure timely preparedness, surveillance and coordinated public health response across the country, the Center for Disease Control (CDC), National Institute of Health (NIH), Islamabad, has developed and issued the following three advisories for guidance and necessary action:

- Advisory Regarding the Prevention and Control of Seasonal Influenza (2026–2027)
- Advisory Regarding the Health Hazards of Smog and the Precautionary Measures to be Observed
- Advisory on Prevention and Control of Vaccine-Preventable Diseases

3. The objective of these advisories is to apprise federal and provincial health departments, healthcare institutions, sentinel laboratories and other relevant stakeholders of the measures required for prevention, routine and catch-up immunization, early case detection, laboratory confirmation, clinical management and risk communication while ensuring institutional preparedness to manage anticipated increases in outpatient and inpatient workloads.

4. Moreover, it is recommended that the attached advisories may kindly be widely circulated to all relevant health facilities, laboratories, institutions and line departments under your jurisdiction for timely implementation of the recommended actions and that NIH be kept informed of the measures undertaken.

With profound regards.

(Dr. Mumtaz Ali Khan)
Chief, CDC-NIH

Distribution overleaf